

# Fun For Children

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## calendar



**29 sat**

### Soil for Life open garden

Explore the beautiful vegetable garden with your friends and family and discover how they are changing lives in the communities of Cape Town. Time: 9am–3pm. Venue: Soil for Life, Stables Lane, Spanchemat River Rd, Constantia. Cost: R10 per person. Contact: 021 794 4982, info@soilforlife.co.za or soilforlife.co.za

## FUN FOR CHILDREN

### art, culture and science

**Can Craze Competition** Learners across South Africa are encouraged to create the most imaginative artworks from 300 or more used cans to stand a chance to win their share of R60 000. The competition runs until 30 September. For more info: 011 466 2939 or collectacan.co.za

**Create Art children's classes** Time: 2:30pm–4:30pm, every Monday and Wednesday. Venue: Create Art Studio, Thaba Park, Signal Gun Wine Farm, Durbanville. Cost: juniors R75 and seniors R85. Contact: 072 766 3246, create.artclasses@gmail.com or createart.co.za

### Sue Neppen's children's art classes

This term's programme includes work inspired by Kirstenbosch. For 4–13 years old. Starts 30 and 31 July and 1 August. Time: held in the afternoons and Saturday morning. Venues: Michael Oak Waldorf School, Kenilworth or 28 Klaassenbosch Dr, Constantia. Cost: R685 a term, including materials and firing. Pro rata fees for late joiners. Contact: 021 794 6609, 083 237 7242 or snepgen@xsinet.co.za

**Tutankhamun – His Tomb and His Treasures Exhibition** Ends 27 September. Time: 9am. Venue: GrandWest Casino. Cost: adults R160, 6–18 year olds R100, children 5 years and younger free, discounted family package of four tickets available. For more info: tut-exhibition.co.za

### classes, talks and workshops

**Kids Who Can stress management course** An eight-week course that teaches children how to manage what life throws at them. For 6–10 year olds. Starts 29 July. Time: 4pm–5:30pm. Venue: Constantiaberg Preprimary School, Meadowridge. Cost: R2 000. Contact: 072 590 1669 or vitsy783@yahoo.com

**Learn to crochet** For 10 years and older. 1 and 15 August. Time: 9am–12pm every Saturday. Venue: Thimbles Quilt & Knit, 10 Gladstone St, Durbanville. Cost: R260. Contact: 021 979 4469

**The Kids Cooking Club** Join for term three weekly classes, which includes *Master Chef* classes. Outdoor play area and café available. Now generator powered. For 2–15 year olds. Time: 10am–11am for 2–3 year olds, 3:30pm–4:30pm for other age groups, Monday–Thursday. Venue: Stodels, Constantia. Cost: call to enquire. Contact: 083 309 8024 thekidscookingclub@gmail.com or thekidscookingclub.co.za

**Winter Brilliance walks** With garden guides on Saturday mornings. 1 August: succulents and the magnificent seven. 8 August: family walk. 15 August: the Proteaceae family. Time: 9:30am–11am. Venue: gate one, Kirstenbosch National Botanical Garden. Cost: free, but garden entry fees apply. Contact: 021 799 8783 or kirstenboschinfo@sanbi.org.za

**Wynberg Revisited** The Cape Natural History Club is hosting a talk by historian and

author Dr Helen Robinson. 28 August. Time: 8pm. Venue: The Athenaeum, Newlands. Cost: R20 per person. Contact: 021 782 1620 or capenaturalhistoryclub.co.za

### family outings

**Friday jazz evenings** On 7 August: Bokani Dyer Quintet and on 14 August: Toya Delazy, Albert Frost and Lee Thompson. Time: 6pm–8pm. Venue: V&A Waterfront Amphitheatre. Cost: free. For more info: waterfront.co.za

**Table Mountain Cableway's Kidz Season Special** Enjoy a treasure hunt and a winter café meal. For 4–17 year olds. Ends 31 October. Time: 8:30am–6pm. Venue: Lower Tafelberg Rd. Cost: R225 – two children ride free with every paying adult. Contact: info@tablemountain.net or tablemountain.net

### finding nature and outdoor play

**Muizenberg Moonlight Meander** Walk in the light of a full moon on the Blue Flag Muizenberg Beach. 1 August. Time: 6pm. Venue: meet in front of Knead Bakery at Surfer's Corner, Muizenberg. Cost: free but donations to Safer Together are welcome. For more info: safertogether.org

**Whale and dolphin watching for groups** A series of 90-minute talks and groups are invited to select a date in August. Time: 10am–11:30am Tuesdays, Wednesdays and Thursdays. Venue: Simon's Town. Cost:

R20, which includes educational material and refreshments. Contact: 079 391 2105 or [awhaleofaheritageroute@gmail.com](mailto:awhaleofaheritageroute@gmail.com)

## markets

**Bay Harbour Market** Time: 5pm–9pm Friday, 9:30am–4pm Saturday and Sunday. Venue: 31 Harbour Rd, Hout Bay. Cost: free entry. For more info: [bayharbour.co.za](http://bayharbour.co.za)

**Chilled Market at The Range** Time: 4:30pm–9:30pm, every Friday. Venue: Orpen Rd, Tokai. Cost: free entry and secure off-street parking. Contact: 021 713 2340, [info@therange.co.za](mailto:info@therange.co.za) or [therange.co.za](http://therange.co.za)

**Clanwilliam farmers market** As part of the Clanwilliam Wild Flower Show. 28–30 August. Time: tbc. Venue: next to the Clanwilliam Wild Flower Church. Cost: free entry. For more info: [clanwilliamwildflowershow.co.za](http://clanwilliamwildflowershow.co.za)

**Durbanville Craft Market** Time: 8:30am–2pm every first Saturday of the month. Venue: Rust-en-Vrede, Durbanville. Cost: free entry. Contact: 072 173 1040 or [durbanvillecraftmarket@gmail.com](mailto:durbanvillecraftmarket@gmail.com)

**Lourensford Harvest Market** Pets are welcome. Time: 10am–3pm every Sunday. Venue: Lourensford Wine Estate, Lourensford Rd, Somerset West. Cost: free. Contact: [hello@lfhm.co.za](mailto:hello@lfhm.co.za) or [lfhm.co.za](http://lfhm.co.za)

**The Good Night Market** The market also offers live music, food and a bar. 29 July. Time: 6pm–9pm. Venue: Watershed, 17 Dock Rd, V&A Waterfront. Cost: free entry. Contact: 021 408 7840 or [waterfront.co.za](http://waterfront.co.za)

## on stage and screen

**High School Drama Festival** The festival gives learners an opportunity to create and present an original drama around a central theme on a professional stage. 17–20 and 22 August. Time: 6pm. Venue: Artscape Arena, Artscape Theatre. Cost: R40 each. Book through Computicket: 0861 915 8000 or [computicket.com](http://computicket.com)

**School Arts Festival** Ten schools share the same stage each evening, contributing to a diverse theatre experience, from classical choirs to contemporary dance. The festival culminates in a gala performance. 11–13 and 17–20 and 24, 25 and 27 August. Time: 7pm. Venue: Artscape Theatre Centre. Cost: R40. Book through Artscape Dial-A-Seat: 021 421 7695 or [artscape.co.za](http://artscape.co.za)

**West Side Story** Ends 23 August. Time: varies. Venue: Artscape Opera House. Cost: R95–R300. Book through Computicket: 0861 915 8000 or Artscape Dial-a-Seat: 021 421 7695



▲ Chilled Market at the Range

## playtime and story time

**Blasters** There is a soft play area for 0–3 year olds and a play area for 4–12 year olds. Time: 9am–10pm Monday–Saturday and 9am–6pm Sunday. Venue: Cape Gate Décor Centre, Brackenfell. Cost: adults free, children 4 years and older R40, children under 4 years old R30. Contact: 021 981 7555 or [blasters.co.za](http://blasters.co.za)

**Bounce World** This indoor inflatable play area is open over most weekends. There is a coffee shop and free Wi-Fi. Time: 9am–5pm. Venue: 15 Montague Dr, Montague Gardens. Cost: R60 per child. Contact: 021 552 3165 or [montaguearena.co.za](http://montaguearena.co.za)

**Saved by the dogs** Walk a dog or play with a puppy compliments of Tears Animal Rescue. 12 August. Time: 11am–2pm. Venue: The Company's Garden. Cost: free. Contact: 021 785 4482 or 061 722 7903

## sport and physical activities

**Die Burger MTB Challenge** Six distances are on offer. For 6 years and older. 2 August. Time: 8:05am. Venue: Stellenbosch. Cost: from R110. Contact: 021 884 4752 or [dieburgermtbchallenge.co.za](http://dieburgermtbchallenge.co.za)

**Falke Winter Trail Run** For 6 years and older. 23 August. Time: 8:45am. Venue: Uitkyk Wine Estate, R44, Stellenbosch. Cost: from R100. Contact: 021 884 4752, [info@dirtopia.co.za](mailto:info@dirtopia.co.za) or [dirtopia.co.za](http://dirtopia.co.za)

**Rugby School of Excellence Friday group coaching** For 5–13 year olds. 7 August–18 September. Time: 3:30pm–4:30pm every

Friday. Venue: Villagers RFC. Cost: R600. Contact: [info@therugbyschool.co.za](mailto:info@therugbyschool.co.za) or [therugbyschool.co.za](http://therugbyschool.co.za)

**Season Change trail run** For children 6 years and older. 30 August. Time: 8:30am. Venue: Delvera Farm, R44, Stellenbosch. Cost: from R70. Contact: 021 884 4752, [info@dirtopia.co.za](mailto:info@dirtopia.co.za) or [dirtopia.co.za](http://dirtopia.co.za)