

Springs Awakening

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LEISURE MARKET OF THE MONTH



spring's awakening

Get your pick of the season's first crop – and a taste of the estate's latest vintages – at the Lourensford Harvest Market

TEXT AMY-LEIGH PATERSON PHOTOGRAPHS SUPPLIED

WHAT? Located on the picturesque Lourensford Wine Estate, nestled below the Helderberg Mountain, the Lourensford Harvest Market is making a comeback after suffering damage from a particularly violent winter storm that ripped through the premises in June. From 5 September the market will be ready to open its doors again to offer culinary delights and crafted wares in its usual Sunday slot of 10am to 3pm. Kicking off with a special spring event, Lourensford Wine Estate will be offering competitions and giveaways to celebrate the new season and the fresh setup.

WHO? The event draws a loyal crowd of patrons who undoubtedly will be overjoyed to have their weekly market back in action, many of them making the hour-long trek from Cape Town or even further afield to get there. Expect to see couples of all ages perusing the stalls hand in hand, young families enjoying a day out and wine lovers sipping on a glass of the estate's vino.

WHAT TO EXPECT There's a lot to enjoy at this family-friendly market, with something to keep everyone occupied. Furry four-legged members of the family socialise at the doggy bar and run around on the sprawling lawns, while kids are kept entertained by balloon artists, jumping

castles or face painters. Foodies scout out the stalls for delectable eats while others select some fresh produce to have their way with at home. Charismatic artists sit painting as they wait for their work to be snapped up, with live music setting the scene of a rustic yet sophisticated vibe. **DON'T LEAVE WITHOUT...** the specially branded burger sliders from Jack Rabbit, which are out of this world, as is the wood-fired pizza by Cornerstone. Anyone with a sweet tooth should make a beeline for the wild and wonderful selection of cheesecakes by Sweet Cillies's Cakery or indulge in a cookies-and-cream white hot chocolate from The Magnificent Barista Boys. No self-respecting craft-beer fanatic should go home before sampling some of Lourensford's Abru, which is made on the premises.

X-FACTOR The market's brand-new structure, of course. It's a custom-built space that can accommodate 77 vendors and is fully covered, save for a few gaps to allow for ventilation in the coming summer months. **□ Lourensford Wine Estate, Lourensford Rd, Somerset West, Western Cape, lfhm.co.za**

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CLOCKWISE FROM TOP LEFT A beautiful setting beneath the Helderberg Mountain; delicious sweet treats on offer; artists sit sketching to the delight of onlooking marketgoers; there's a wide variety of food to enjoy; plenty of activities can keep kids entertained for hours; locally produced Hula Honey skin-care products.

