

# Market Is A Must-Visit

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## Market is a must-visit

**Lifestyle website *The Inside Guide* has named the Lourensford Harvest Market one of the must-visit markets in the Cape.**

It is one of 19 markets across the peninsula to receive this mention.

“Set on one of the most renowned and picturesque wine estates in the country, this market has over 70 vendors selling a vast array of fresh produce, art and crafts. Its layout is one of the nicest around – with food, craft and fashion stalls arranged in a horseshoe shape around a big patch of lawn – where toddlers and friendly pooches can frolic freely,” the website states.

It also highlights some of the market’s stalls, such as the Eden All Natural Peanut Butter stall; Kiewiet’s unique handcrafted wooden products; and Dr Juice’s delicious and healthy fruit and vegetable juices, as reasons to visit the market.

The Lourensford Harvest Market is held every Sunday from 10:00 until 15:00.

For more information on the market, phone 079 496 8335 or email [hello@lfhm.co.za](mailto:hello@lfhm.co.za).

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